

What's On Adswood & Bridgehall

This is an updated guide to groups and activities taking place in Adswood and Bridgehall for children, parents and young people. Details and descriptions of each session have been given - many are 'drop in' unless otherwise stated. For further information call **0161 476 1262** or email teamab@stockport.gov.uk

Title / group name	Venue	Description	Age Group	Day	Time
Activities for under 5's <u>only</u> or parents of preschool children					
Library Storytime	Adswood & Bridgehall Library (Bridgehall)	Preschool fun! Parents are welcome to come along and join in with their children for stories and rhymes every week	Preschool aged children	Tuesdays	11am
Young parents – <i>chill, chat & play</i>	Abacus (Adswood)	Supported by parent participation officers. Weekly activities for parents and their pre-school children.	Young Parent's group aimed at parents up to age 19	Wednesday	10.15-11.45
Praise & Play Toddler Group	St Gabriel's Church	Weekly tots group, games and activities with a prayer session.	0-4	Friday	9.30-11.00
Wriggles & Jiggles	Abacus Bridgehall	Wriggles & Jiggles Free singing and movement session for parent/carers & babies up to 18 months drop in	up to 18 months	Fridays (Term time only from 25th April 2014)	10.00am - 10.30am -
Wriggles & Jiggles	drop in at Bridgehall School Hall	Wriggles & Jiggles as above but for toddlers 18 months plus , (entrance is through the Community Centre)	18 months plus	Fridays term time only from 25th April 2014	10.45am - 11.15am
Ages 5 - 11					

Adswood & Bridgehall – Family Activities – updated July 15

Title	Venue	Description	Age Group	Day	Time
Play Development Sessions	Bridgehall Play Area	The aim of the Outreach Play Sessions is to increase the number of children and the amount of time they spend playing outdoors in their own neighbourhoods by making greater use of parks and other open spaces.	5+	Monday	3:30pm-5:30
24th Stockport Guides	Davenport Methodist Church	Uniformed group for local girls.	10-14	Friday	7:45pm-8:45pm
Beavers	Davenport Methodist Church	Pre-cubs group for local young boys. Uniformed activity group inviting residents from Adswood and Bridgehall and other surrounding areas. Supported by NR team for funding and involved in local fund raising. Parents involved as volunteers.	6-8	Monday	6pm-7:30pm
Play Development Sessions	Adder Park Adswood	The aim of the Outreach Play Sessions is to increase the number of children and the amount of time they spend playing outdoors in their own neighbourhoods by making greater use of parks and other open spaces.	5+	Tuesday	3:30pm-5:30pm
Brownies	Davenport Methodist Church	Pre-guides uniformed group for local girls.	7-10	Tuesday	6:30pm-7:30pm
Kids Club	Bridgehall Com Ctr	Activities for after school and trips in school holidays.	4-8	Tuesdays term time only	5:30pm-6:30pm
Rainbows	Davenport Methodist Church	(Pre-brownies) uniformed group for local girls.	5-7	term time only	
Rhythmics	Lapwing Centre	Activities for children – aerobics and physical exercise.	up to 11	Tuesday	5pm-6pm
1st Bridgehall Rainbows	Bridgehall Com Ctr	Pre-Brownies uniformed group for girls (possible waiting list)	5-7	Wednesday term time only	6:45pm-7:45pm

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Bridgehall Brownies	Bridgehall Com Ctr	Pre-guides uniformed group for girls (possible waiting list)	7-11	Wednesday term time only	5:45pm-6:45pm
Cubs	Davenport Methodist Church	Pre-scout group for local young boys.	8-11	Wednesday	5:45pm-7:30pm
Irish Dancing	St Ambrose Church	Dance activity group available for local young people. Supported by St Ambrose church and set up by members of the parish	4+	Wednesdays	6pm-8pm
Over 11's					
Dance	Bridgehall Community Centre	Dance with the 'Dancing Divas' for local young girls	7-12 years	Mondays	5:30pm – 6:15pm
Dance	Bridgehall Community Centre	'Elaborate' dance for local teenage girls	13+	Mondays	6:15pm – 7pm
Duke of Edinburgh Award	Adswood YPC	Targeted session for young people to achieve their Duke of Edinburgh Award	14+	Mondays	6 pm – 7:45pm
Scouts	Davenport Methodist Church	Uniformed group for local boys	10-14 years	Mondays	7:30pm-9:30pm
Cricket and Football	Bridgehall Green	Part of 'Sportivate' for young people	11+	Tuesdays	5pm – 6pm
Services for Young People Youth drop-in	Adswood YPC	Open access youth session providing various activities	12+	Tuesdays (temporarily stopped)	6pm – 8pm
Rock up to Sing	St Gabriel's Church	Rock and pop Glee style singing group.	14+	Tuesdays	7:00pm – 8:30pm
Tai Chi	Bridgehall Community Centre	Fitness Class	16+	Thursdays	7pm-8pm
Rangers	Davenport Methodist	Uniformed activity for girls and boys post Girl Guides	14+	Thursday	8pm-9:30pm

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Title	Venue	Description	Age Group	Day	Time
	Church				
Tag Rugby and Dodgeball	Swythamley Road	Part of Sportivate for young people	11+	Fridays	4:45pm – 5:45pm
For Families					
First Steps	Adswood Community Centre	Building skills and confidence for women (children welcome with parents)		Monday	9.30 -12
Job Club	Bridgehall CC	Support with CV writing, job applications and job search		Tuesday	1-4pm
I Wish I'd Tried	Various	Sports sessions for adults looking to get back into fitness and sport View the full timetable: http://www.lifeleisure.net/enterprise/I_Wish_Id_Tried		See timetable	

!!Keep your eyes peeled for various summer activities taking place in Adder Park and Bridgehall Green during August Summer holidays!!

Contacts for buildings:

- Adswood Community Centre – Pamala Riley – **456 5309**
- Abacus (Adswood & Bridgehall) Children’s Centre Reception – **474 5043**
- Adswood Young People’s Centre – SMBC – c/o **476 1262**
- St Gabriel’s Church – john.sutcliffe3@ntlworld.com
- Bridgehall Community Centre –c/o Stockport Homes – **474 2222**
- Davenport Methodist Church – Dorothy - **456 5375**